



The MOD Rocker Information Pack

Sat 20th April 2019

**COLD
BREW**
EVENTS

Thanks for entering the Pedalling Squares MOD Rocker sportif. This is a none competitive ride around the Ministry of Defence Otterburn Ranges and beyond. You will be delighted to hear that Adrian of Pedalling Squares has freshly cut his beard just for the occasion. This is a chance to ride on roads that are usually off limits to the public for most of the year. The Ministry of Defence have given us permission to run this event through all the best bits. I hope you enjoy the views and the riding as much as we did in creating the course. A special mention to Dean Taylor, our contact in the MOD and crazy enough to be amongst you riding on the big day.

We've ordered the same blistering blue skies as last year and are 3.5% positive that it'll be exactly the same this time round. Prepare for anything from sweltering sun to sleet and you won't go far wrong.

Ethos

Why have we organised this event? This is a unique opportunity to ride some incredibly well maintained roads in one of the most picturesque spots in Northumberland. It'll certainly test your legs but you'll have like minded people there to encourage you to go as far as possible. If it becomes too much then don't worry, we're here to help.

In the spirit of helping the local economy you'll be helping the jolly souls at Pedalling Squares, Rose & Thistle pub and Tomlinsons cafe. If people are staying locally before the event, buying food at a petrol station or filling up with cake at a nearby cake then it all helps.

It's also an excellent opportunity to watch riders really suffer going up the super steep Chew Green.

Getting Here

The Rose & Thistle pub is in the heart of Alwinton town in Northumberland National Park. The postcode is NE65 7BQ. If you miss our designated parking then you'll literally drive past the front door of the pub.

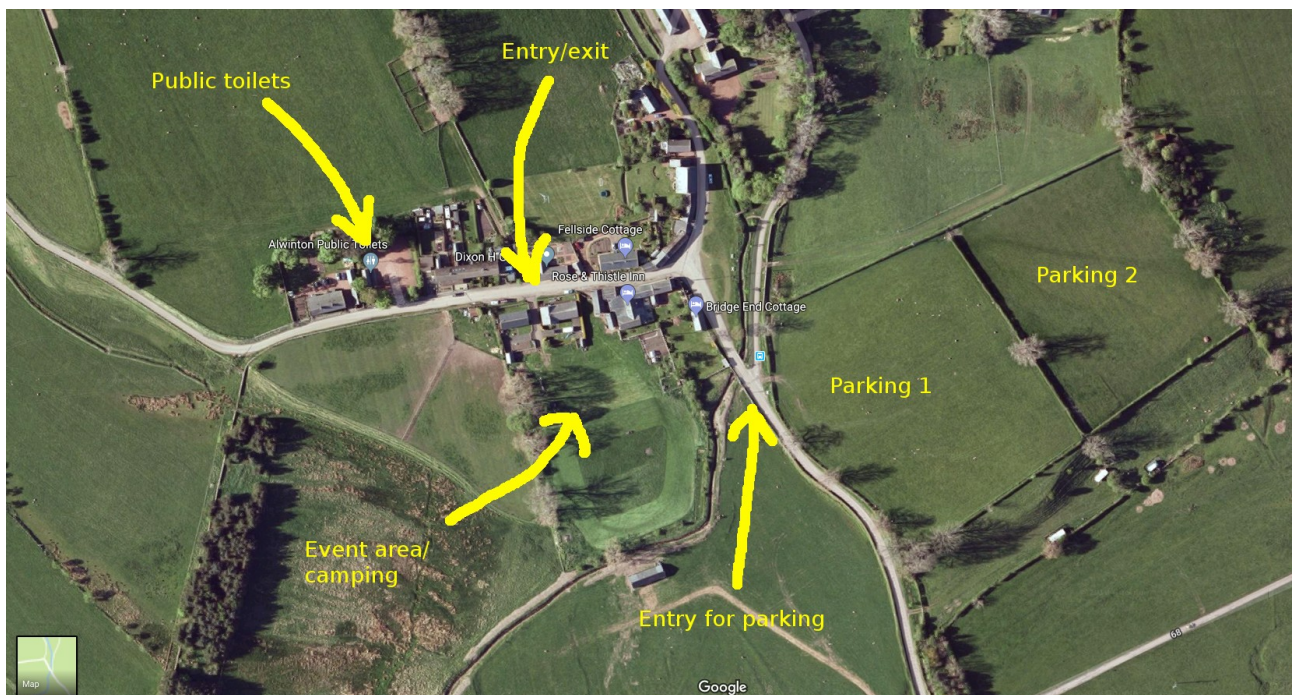
The Venue

The Rose & Thistle has been a pub in Alwinton for as long as anyone can remember. The old drovers coming over from Scotland used to stay here to sink a few Diet Cokes before spending the night tucked up close with their livestock. The following is available:

Toilets – If/when the pub is open then there are toilets inside. There are also public toilets just across the road which are open 24 hours a day.

Public bar – Absolutely jam packed with food, drink and comfortable seats to sit on. No dogs allowed in the building.

Here is a map of the venue with the various access points and facilities shown.



99% of all traffic coming to the event will be coming from the south. For those parking for the day you will be shown into either parking 1 or parking 2 areas. You then walk across to the event area.

For people camping the night before please proceed to the event area/camping behind the pub. To access this you need to go past the front of the pub and turn left. It will be sign posted.

Parking

As described previously, please follow instructions you are given on where to park. Remember the marshals are volunteers and trying to help. No abuse will be tolerated.

Camping

If you've decided to come and stay for the camping then great, we're happy to have you. The first thing to remember is that the area we have open for free camping is just a field and is no way a commercial campsite. You are welcome to use the facilities in the pub but you must be as self sufficient as possible. Toilets are available in the public toilets over the road and inside the bar should you choose to go for something to eat or drink. There will be a water point on hand but please try to be as self sufficient as possible.

Schedule of Events

What's going to happen on the day? Well here you go:

- 7:00am – Registration opens in the Rose & Thistle. You will be given your event number and it is important that you get this number lodged at each checkpoint so have it on display. Once you are registered you can drink as much coffee as you like or get that pre ride tinkle out of the way.
- 9:00am – Registration closes and the checkpoint teams are sent off to man the course.
- 9:15am – Mandatory safety briefing on the green outside the publicity
- 9:30am – Start. If we radio ahead and roads are clear then it will be a mass start. If not then we'll be sending people off in small groups.

Finishing

After you're smashed the course please ride back into the pub so we can record your finish time and you can get some goodies. The ride will officially finish just outside the front of the pub. Please make sure you then sign out so we don't need to go looking for you.

Mandatory Kit List

It is mandatory that you bring the following kit:

- Enough fluid for 25 miles of riding (at least one large bottle, better with two)
- Enough food for 25 miles of riding
- Helmet
- Pump
- Spare inner tubes (even if you run tubeless)
- Basic toolkit
- Windproof jacket/gillet
- Waterproof jacket (one jacket can be both wind and water proof)
- Mobile phone
- Spare money for Tomlinsons cafe!

You will be asked to confirm that you have this kit list at registration. It's important that you bring it as the weather can change at any moment and there is next to no cover on the exposed ranges. In the unlikely event of an accident you may need to keep yourself warm in the open for a few hours until emergency services can reach you.

Kit checks will take place throughout the event. Anyone found not carrying the minimum required kit may be asked to end their participation. Your safety is our priority.

Land Owner Requests

This event has been a long time in the planning and crosses many different areas which are worked on or owned by a large number of groups. The points which are stressed again and again are:

- **Don't drop litter.** We can't stress highly enough how damaging this is. It's so easy for gels to be taken out of your bag, consumed and then tossed away. Don't do it! This is not a race and there is nothing lost if you have to stop and put it back in your bag.
- **Stay on the route.** This is particularly important over the ranges. This is a live firing range with real ordnance. Which leads to...
- **Don't pick up anything on the ranges!**
- **No public on ranges.** Your friends and family will surely want to see you on the route. The MOD have asked if people could stay off the ranges in cars. Access is available to Chew Green and then the best place to meet up again would be Tomlinsons cafe.

If you are caught dropping litter you will be taken out of the event. Remember that we have a handful of MOD riders in the group and they are the overall landowners round here. If they or any of our officials people dropping litter then they can take action.

DON'T DROP LITTER!!

Otterburn Ranges

Of special note is that **no rider is to leave the roads** when riding through the Otterburn ranges section of this course. Last year we had a group take pictures on a tank way off the road. That very tank is used for live firing practice and there is a real chance of unexploded ordnance being present. It's just not worth the risk.



The Route

Below is a high level picture of the short route for the MOD Rocker. It's good to make yourself familiar with it prior to the event.



The route will be marked with red signs although we highly recommend using a gps device.

The bulk of the climbing is in the Otterburn Ranges. Once you drop out of the ranges at Holystone there is very little climbing left to do.

Times are recorded when you start at Rose & Thistle, when you hit the summit above Chew Green (a 13.5 mile climb from the start) and then at the end. Times will be collated afterwards and displayed alphabetically on the website.

GPX Files

For those of you blessed with digital navigation here are the gpx files for you to download. Note I said download, if you click on the link all you will see is a text file with numbers, you need to save it to your computer first!

The gpx for the route can be found here:

<http://coldbrew.events/wp-content/uploads/MODv4.gpx>

I'd highly recommend using a gps device or printing out some kind of map. Markers can be removed, moved or just put up incorrectly!

Checkpoints

There are only 3 checkpoints on this route for the short route.

Checkpoint 1 is at around 23 miles and we will supply food and water. If you're a really good person there may even be sausage rolls, pies and hot drinks. Fill your boots.

Checkpoint 2 is roughly 40 miles and is new for this year. Food and nibbles at this station.

Checkpoint 3 is at Tomlinsons cafe in Rothbury 54 miles into the ride. **We will supply water only** and any food required will need to be purchased from Tomlinsons cafe. By doing this you are helping to support the local economy. The cakes are amazing by the way.

The Finish

You've made it to the end and you're feeling cream crackered! Well done! Ride all the way to the front of the Rose & Thistle pub please. We'll take your time and then please head to the registration area in the pub to get your super trendy cap and **sign out**. Once you're done feel free to cheer home the other riders or get yourself into the bar and celebrate a job well done.

Pulling Out

If for any reason you can't make the full distance and decide to pull out then there are a few things to note.

If you have a serious medical or mechanical problem and you get to a checkpoint then please let a marshal know and we will come and get you. We will have a number of cars circulating ready to collect riders if needed.

If you pull out of the ride then you must go back to Rose & Thistle and **sign out**. If we don't know you are pulling out then we have to assume you are still in the hills and will go looking for you.

Medics

We will have professional medics on call for the day. You'll get a bit of paper with emergency info on when you sign up but it's worth noting this number should you want to contact the paramedic directly:

Barry Kemp: 07513923285 – that's me, the main event organiser

Medics will be circulating around the course.

Should any incident occur on the day you need to contact the nearest marshal who will then take the next steps to escalate the issue. The medics are there for exactly this reason and will be the first to respond.

If you encounter a serious incident that is critical then use your own initiative and dial 999. You will need to give some information such as a location and casualty details. Remember to also get

our medic to the scene as soon as possible also.

Risk Assessment

This is a non competitive ride and you need to ride within your abilities whilst taking in to account the course, weather, other riders and many other factors. To this end you need to conduct your own dynamic risk assessment as you ride.

Problems With The Public

This area is not exclusively for our use and on this day there may well be groups of drivers out on the hills or farmers going about their business. Whatever the reason, should you encounter any problems could you please refer them to us at Cold Brew Events and we will resolve the issue either then or after the event.

Family On the Day

It's always good to share the day with your family. Once you're out on the route they can go for a walk, visit Cragside or see you along the way. Public access is available up to Chew Green and then from Holystone onwards. The best place to meet up out on the route is Tomlinsons cafe which is over 50 miles into the day.

Any lost children found will be taken to Rose & Thistle and worked into the ground.

Important Numbers

Please enter these numbers into your mobile phone. For most of the route you will have no phone access. You will however get access on the high ground and should you encounter a serious problem you can ring this landline to summon help.

- Barry Kemp 07513923285 – Primary organiser

Appendix 1 – Terms and Regulations

These terms and conditions cover any event by Cold Brew Events Limited and will hereafter be called “the event”.

By registering to take part in the event you are agreeing to the following conditions of entry and any instructions given to you by the organisers, officials and marshals before, during or after the event.

- You must be at least 18 years of age on the date of the event to take part.
- You will pay the Cold Brew Events **non-refundable registration fee** when registering. The registration fee is set out on the website www.coldbrew.events. Your place is not secured until this fee is received.
- Your entry is for the event on the given date only. No deferrals are available. No transfers to other events are available.
- If you are unable to participate for any other reason you may transfer your place to another person for free. If you wish to do this please contact Cold Brew Events.
- Registration places are sold on a standard entry basis.
- You are responsible for ensuring that you have the appropriate level of fitness to participate in the event. You are strongly advised to consult a doctor before undertaking any strenuous exercise or training programme, or participating in the event.
- You are taking part in the event at your own risk. The organisers (Cold Brew Events Limited, a company incorporated in England – number 10105256, registered offices: 144 Kirkwood, Burradon, Cramlington, Northumberland, NE23 7PJ) will have no responsibility for any risk, loss or costs which you incur in connection with the event and you will indemnify the organisers and any persons acting on their behalf for any risk, damages, loss or costs arising as a result of your participation in the event. It is your responsibility to obtain any necessary personal insurance in connection with the event. Some of the events will provide insurance, such as those covered by British Cycling, please check the details before signing up.
- Prior to and during the event you will be responsible for your own safety, you will take all reasonable care to ensure the safety of other participants and you will comply promptly with all instructions and guidelines given by the organisers and any persons acting on their behalf. You must not deviate from the official route which will be marked with the event signage from start to finish. There will be marshals located on the route and all volunteers and staff involved in the event will be clearly identifiable.
- As some of the events will have a route which follows and/or crosses a road, all participants must follow the event organiser’s route directions and requests at all times.
- All participants will be given an event identification number at registration, which must be displayed for identification at all times.
- You are responsible for returning any electronic timing device if issued. Missing devices will be charged back to the participant.
- You must be aware of the check in procedures at checkpoints, if required. If you retire from the event you must inform the marshals at that checkpoint or call Event Control if retiring between checkpoints. This is particularly important as otherwise we must come looking for you which wastes valuable event resources.
- The event may be subject to cut-off times which will be within the event notes or decided by the event organisers on the day. It is essential that participants abide by the cut-off time. In the event of severe weather, these cut-off times can be amended for the safety of participants, staff and volunteers.
- The event will have a compulsory kit list as detailed on the website and in the event notes set out. You must comply with this kit list and failure to do so could result in expulsion from the event.

- The organisers reserve the right to change this list should it be considered appropriate for participant safety. There will be spot compulsory kit inspections and participants not complying with the compulsory kit will be disqualified from the event.
- The organisers reserve the right to terminate an individual's participation on health and safety grounds. The event will take place regardless of bad weather and will only be cancelled, rerouted or stopped for reasons of safety. Entry fees, however, are not refundable.
- In the course of registering and participating in the event we will collect personal data from you. We may process and use the personal data collected for administrative, research and publicity purposes. You are entitled to request access to, and correction of, all personal data collected by us, as well as requiring us to delete your data if you no longer wish us to process it after having taken part in the event. To make such a request, please e-mail us at: talkto@coldbrew.events. We will never pass your data to a third party.
- Photos taken during the event by our official photographer(s) may be used in the event marketing literature.
- The event organiser, Cold Brew Events Limited, may also use your details to send you information about future events which we think may be of interest to you.

GENERAL DISCLAIMER

- All participants enter into the event of their own will, understanding the arduous nature of the event. As such they must be medically fit to participate and take full responsibility for their own personal health and fitness.
- There will be random kit checks prior to and during the event.
- Throughout the event, participants will be checked for their suitability to continue on grounds of capability, including their equipment and state of health. If any of the marshals and medical staff believe that the safety of the individual will be compromised by their continued participation, they reserve the right to ask that person or persons to stop. If that person or persons continue on the route they will no longer be officially participating in the event and Cold Brew Events Limited and associates take no further responsibility for their participation.
- All participants agree to abide by the terms and conditions set out in the event Safety Briefing.
- I understand and accept the attached Event Regulations and will participate entirely of my own free will.

MEDICAL DISCLAIMER

- In the event of an accident or illness whilst taking part in this event, I hereby give permission for medical staff to initiate medical treatment and to inform my Next of Kin in case of hospitalisation.
- To the best of my knowledge I submit a true and accurate description of my medical history and current condition. I understand that I am taking part in an event in a remote and rural location where there will be a longer medical response time in the event of emergency. I agree to take part in this event at my own risk and will not hold medical staff responsible in the event of acute illness, injury or death.
- Participants must agree to inform Cold Brew Events Limited of any medical or other condition that might affect their ability to take part in the event. These details will be shared with medical staff.